

1 - 10 2024 .

10.03.2024 - 9:00

1	9:00	1	8:15 - 8:45.			
9:00	1.	100m		8 - 10	0:04	1 5
9:04	2.	50m		8 - 10	0:04	3 13
9:08	3.	100m		8 - 10	0:06	2 8
9:14	4.	50m		8 - 10	0:06	3 15
9:20	5.	100m		8 - 10	0:14	5 29
9:34	6.	50m		8 - 10	0:10	5 26
9:44	7.	100m		8 - 10	0:06	2 10
9:50	8.	50m		8 - 10	0:06	3 18
9:56	9.	100m		8 - 10	0:04	1 3
10:00	10.	50m		8 - 10	0:04	2 12
10:04	11.	100m		8 - 10	0:06	2 7
10:10	12.	50m		8 - 10	0:06	4 22
10:16	13.	100m		8 - 10	0:06	2 12
10:22	14.	50m		8 - 10	0:16	8 43
10:38	15.	100m		8 - 10	0:06	2 8
10:44	16.	50m		8 - 10	0:06	3 17
10:50	17.	100m		8 - 10	0:06	2 8
10:56	18.	100m		8 - 10	0:08	3 18
11:04	2				0:30	
11:34					2:34	

2 - 10 2024 .

10.03.2024 - 11:34

	11:00	11:30				
!				!		
			!			
			2	11:00-11:30		
11:34	101.	100m		11 - 13	0:06	2 11
11:40	102.	50m		11 - 13	0:12	7 39
11:52	103.	100m		11 - 13	0:12	5 25
12:04	104.	50m		11 - 13	0:10	5 30
12:14	105.	100m		11 - 13	0:34	14 81
12:48	106.	50m		11 - 13	0:10	6 35
12:58	107.	100m		11 - 13	0:22	8 43
13:20	108.	50m		11 - 13	0:12	6 35
13:32	109.	100m		11 - 13	0:06	2 11
13:38	110.	50m		11 - 13	0:12	7 41
13:50	111.	100m		11 - 13	0:10	4 23
14:00	112.	50m		11 - 13	0:12	6 31
14:12	113.	100m		11 - 13	0:14	6 36
14:26	114.	50m		11 - 13	0:22	13 76
14:48	115.	100m		11 - 13	0:14	5 28
15:02	116.	50m		11 - 13	0:20	10 56
15:22	117.	100m		11 - 13	0:26	10 55
15:48	118.	100m		11 - 13	0:30	12 68
16:18	3				0:30	
16:48					5:14	

: 16:10 16:40

3 - 16:10-16:40

16:48 201.	100m	14 +	0:04 2	10
16:52 202.	50m	14 +	0:08 4	23
17:00 203.	100m	14 +	0:14 6	33
17:14 204.	50m	14 +	0:06 4	23
17:20 205.	100m	14 +	0:16 7	42
17:36 206.	50m	14 +	0:10 6	33
17:46 207.	100m	14 +	0:14 6	35
18:00 208.	50m	14 +	0:08 4	20
18:08 209.	100m	14 +	0:02 1	6
18:10 210.	50m	14 +	0:10 6	34
18:20 211.	100m	14 +	0:10 4	24
18:30 212.	50m	14 +	0:08 5	30
18:38 213.	100m	14 +	0:14 6	34
18:52 214.	50m	14 +	0:10 6	35
19:02 215.	100m	14 +	0:06 3	18
19:08 216.	50m	14 +	0:08 4	20
19:16 217.	100m	14 +	0:22 9	50
19:38 218.	100m	14 +	0:24 11	66
20:02			3:14	